



Carolinas HealthCare System

# Enhancing the Health of Our Communities

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# Our Mission



improve **Health**

elevate **Hope**

advance **Healing**

for all



# Get Informed & Understand the Goal



While improving “Population Health” is a comprehensive and important goal of society, Carolinas HealthCare System will focus on providing **high quality, well-coordinated** medical services (and coordinating non-medical social support services as appropriate) that improve the **quality/value/outcome** of the care we provide in a coordinated manner so that they **improve health** of the **community** one patient at a time.



# Strategic Priorities

## ENHANCE COMMUNITY HEALTH AND BENEFIT IN PARTNERSHIPS WITH OTHERS:



Improve Mental Health and Substance Abuse Awareness, Education, & Access



Impact Reduction in Tobacco Use & Obesity Rates



Facilitate Improved Access to Primary Care, Mental Health, & Dental Services



Participate in Improvement of Social and Economic Indicators



# Know What Affects Health

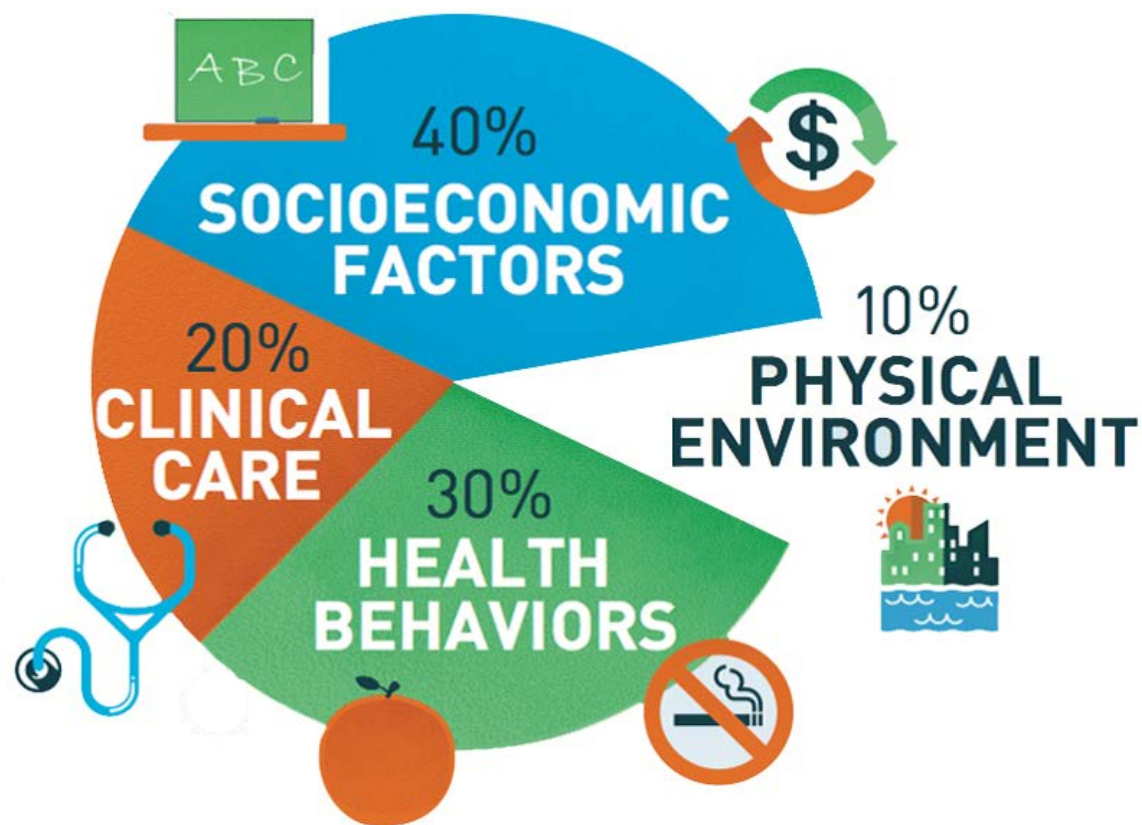
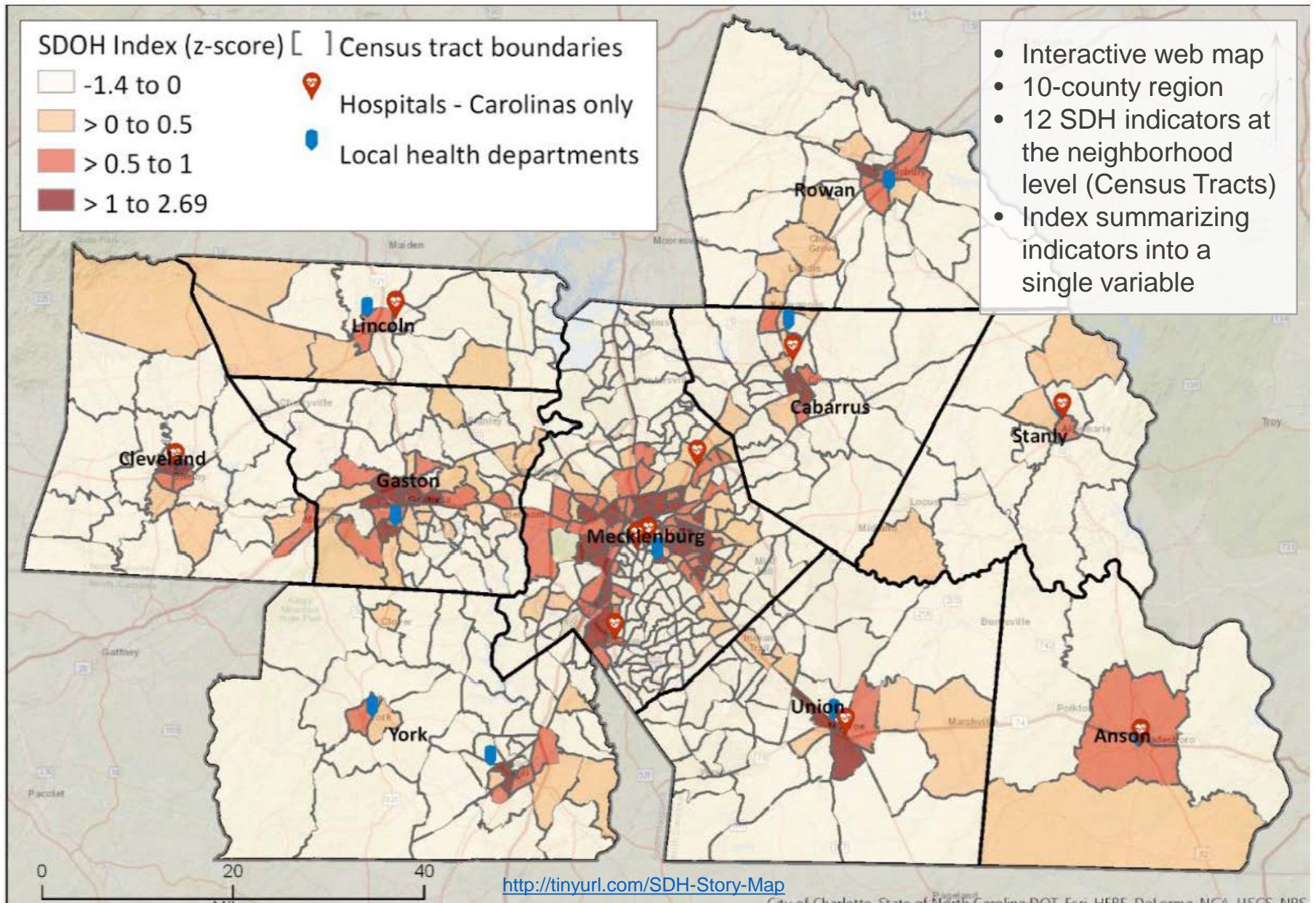


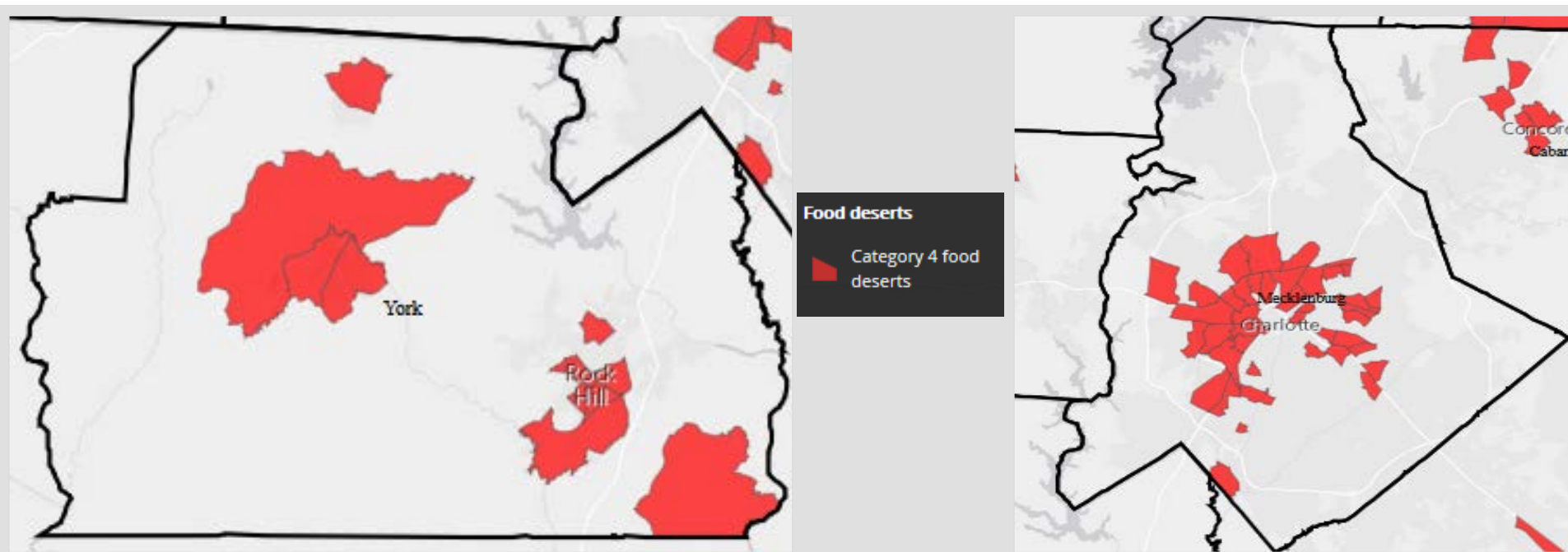
Figure 8. Social Determinants of Health Index Map, CHIS Region



High (red) values show neighborhoods with the **highest disparities** among the Social Determinants of Health.

# Food Deserts

**Food deserts** are communities with **limited access** to affordable fresh fruit, vegetables, and other healthy foods.



*Low access to healthy food is defined as living **more than ½ mile (urban areas) or more than 10 miles (rural areas)** from the nearest supermarket, supercenter, or large grocery store.*



# Food Insecurity

## ADULTS

- Higher rates of Obesity in women, DM, HTN, Depression
- In pregnancy, low birth weight, preterm birth, gestational DM
- Elderly, reduced independence



## CHILDREN

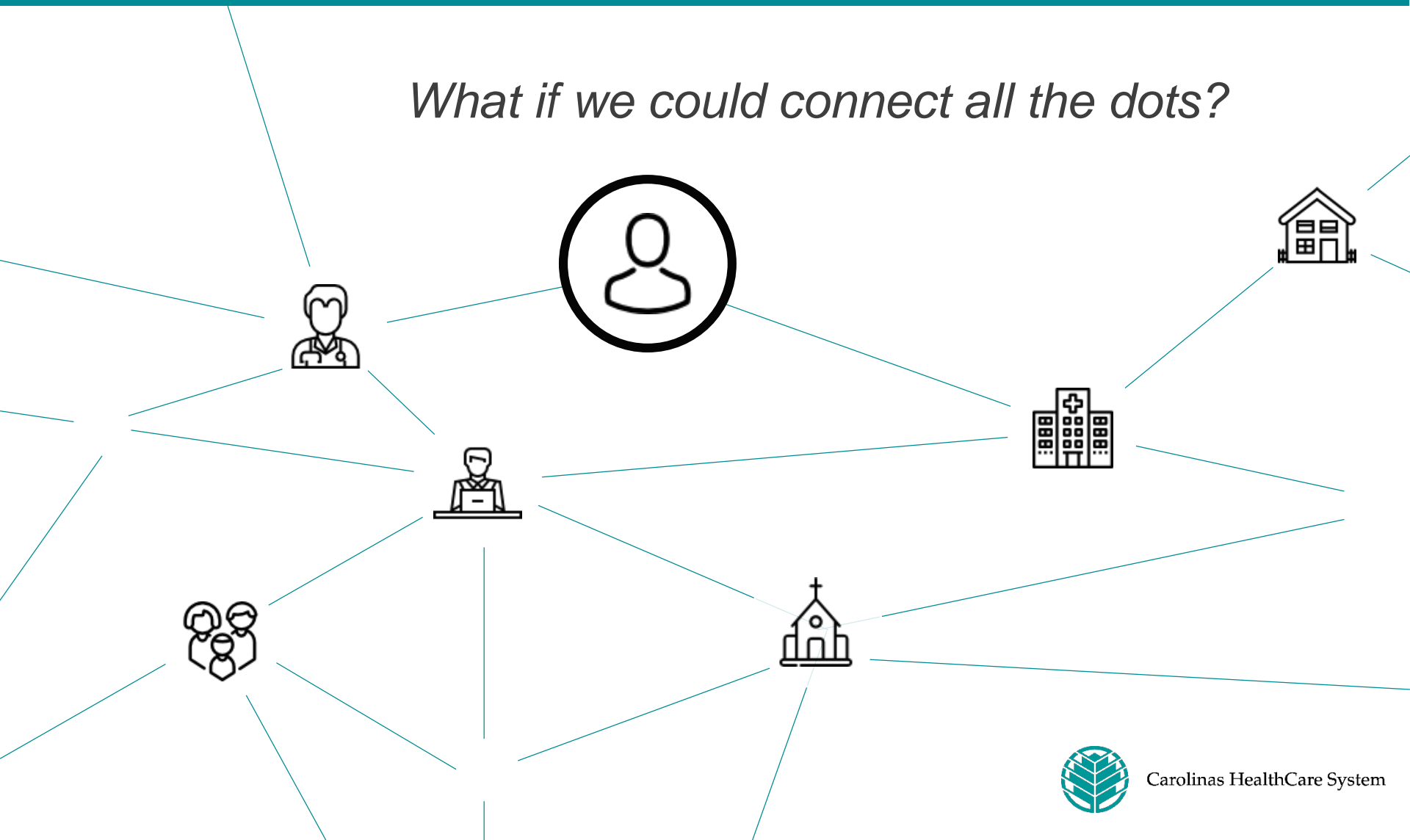
- More frequent infections
- Increased use of mental health services
- Increased rates of hospitalizations
- Poorer academic performance





# Network of Partners

*What if we could connect all the dots?*



# Standardized Screening for Determinants

- In the past 12 months, were you worried that your food would run out before you got money to buy more?
- In the past 12 months, has lack of transportation kept you from medical appointments, getting your medicines, non medical meetings or appointment or from getting things that you need?
- "Are you worried or concerned that in the next two months you may not have stable housing that you own, rent, or stay in as a part of a household?"



# Social Service Resource Coordination

- [CarolinasHealthCare.org/CommunityResourceHub](https://CarolinasHealthCare.org/CommunityResourceHub)



# First & Best Choice

1<sup>st</sup> &  
BEST

